



*Living Free*  
community

JAIL  
CHAPLAINS 

# SHARING THE HOPE

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An event to inform, equip, and provide support to people who care about their neighbors impacted by life controlling problems. Living Free groups provide participants a place to build healthy relationships while learning life skills from a biblical perspective. Join us on the Living Free journey as together we grow in Christ and point others to Him.

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## February 28-29, 2020

Dakota Medical Foundation  
4141 28th Ave South | Fargo, ND

SPONSORED BY:



## POSITIVE IMPACT OF LIVING FREE MODEL

- Formalized Framework
  - Life Controlling Problems
  - Consistent Curriculum Teaching Life Skills
  - Biblical Foundation
- Format Encourages Participant Engagement
- Volunteer Team Strengthened by Ongoing Coaching



## A life-controlling problem can be:

- use of a **substance** (drugs, alcohol, food & etc.)
- the practice of a **behavior** (anger, shoplifting, gambling, pornography use, compulsive spending, TV watching & etc.)
- involve an unhealthy **relationship** with another person which we call co-dependence.

## PARTICIPATION INDICATES UNMET NEED BEING ADDRESSED

June 2018 - December 2019		
	# of Groups	# of Participants
Cass County Jail	32	1,585
Open Community	28	218
Closed Community	39	282
<b>TOTALS</b>	<b>99</b>	<b>2,085</b>

**“What Living Free is doing is helping the church learn to do is not turn away the people who have burned their bridges. They (the groups) are taking people in who have lost all hope they can undo the wrongs they have done in their past and offering them hope, fellowship, access and embracing them into healthy community.”**

**CAPT. ANDREW FROBIG, MAY 2019**

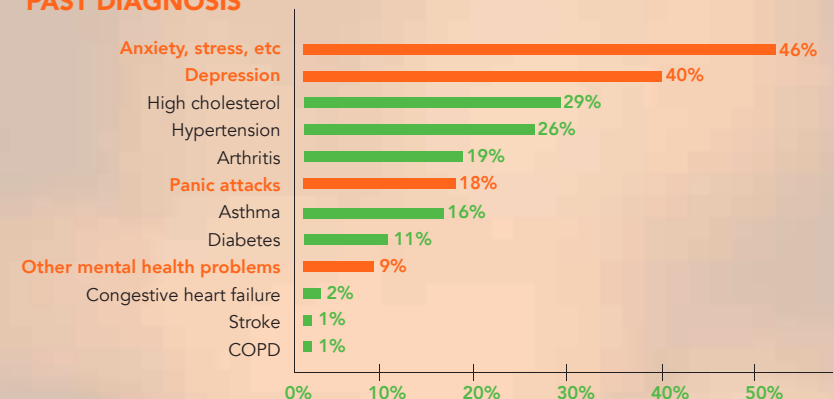
## COMMUNITY HEALTH NEEDS ASSESSMENT

GREATER FARGO MOORHEAD COMMUNITY COLLABORATION

### Resident Survey

- Data collected occurred during December 2017 - January 2018
- A total of 547 respondents participated

### PAST DIAGNOSIS



Living Free™

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## JACK SMART

### Living Free Faculty

*"There are people in every community that are struggling with life controlling problems (addiction and other challenges) that will only be helped by local church(es) who determine that God has called them to reach "the least of these." Living Free is a tool that allows any willing church/community to successfully help people overcome their challenges and grow in Christ.*

*I have been hearing how God is changing lives through Living Free groups in Fargo and look forward to visiting your area in late February".*

## ABOUT JACK

Jack Smart's passion is to equip local pastors, churches, and communities to effectively reach out to those struggling with drug, alcohol, and other types of life-controlling problems. He founded Rural Freedom in 2015 using Living Free curriculum. Jack served for 34 years in the Teen Challenge ministry, fulfilling positions ranging from general staff to Executive Director at Teen Challenge International of Mid-America in Cape Girardeau, Missouri and then as President of Teen Challenge USA. Jack received his B.A. degree in Psychology from Arkansas State University in 1976, an M.A. in Theology from Wheaton College in 1980, and a Doctor of Ministry from the Assemblies of God Theological Seminary in 2008.

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**"A couple years ago I realized 40% of the funerals I had done in the previous 6 months had been for people who died of drug or alcohol addiction caused complications. I realized we need to do something! We did not have a really good way to help people. There is the medical aspect, but there is also the community and spiritual parts that frankly were missing. I went to an information meeting about Living Free and recognized this model was the 'something' we needed. Living Free is not just about drugs and alcohol, it addresses all of our life controlling issues. We now have groups to get people into, a process to help them realize what a relationship with Jesus Christ is all about; stepping into, living into and growing in His freedom".**

**PASTOR MIKE TOOMEY, HOPE LUTHERAN CHURCH, MAY 2019**

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## Friday, February 28

6:00 p.m. - 8:00 p.m.

Dinner & Conversation with Jack Smart  
Living Free Impacting Rural Communities  
\$15 Registration

## Saturday, February 29

8:30 a.m. - 3:30 p.m.

Living Free Training Seminar  
\$20 registration for participant manual

**Pre-registration is required to ensure we are prepared to provide an excellent experience for the participants.**

[eventbrite.com/e/sharing-the-hope-living-free-information-training-tickets-90087533237](http://eventbrite.com/e/sharing-the-hope-living-free-information-training-tickets-90087533237)

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**QUESTIONS?**  
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**GIVING**  
**HEARTS**  
**DAY**